## **Your Shoppers' Companion** Week of 7/29/2009



			Shanning List	Coupoi
	STORE COUPON	Expires August 11, 2009	Shopping List	· —
FOOD LION	\$2.00 off Tide Laundry		<u>Tide Laundry Detergent Liquid or Powder</u>	<u> </u>
	Deterg	jent Liquid or Powder (32 loads or larger)	(32 loads or larger)	
	Good only at Food l purchase of specific	IIT 1 (ONE) PRINT PER CUSTOMER Lion. Limit 1 (one) coupon per item. Limit one use per ed product, per transaction, per person, per day. Void if	Ruth's Churky Chicken Salad or Pinento Chees	se 💙
	exceeds retail value	hanged. Do not double or triple. Void if coupon value : of item. Not applicable towards the purchase of ft cards, postage stamps or services. No cash value. Website Coupon - www.FoodLion.com	Spread	
	STORE COUPON	Expires August 11, 2009	any flavor Hi-C 10 pack	
FOOD LION	\$1.00	off Ruth's Chunky	Food Lion Oatmeal (Instant or Old Fashion	
	Chicken Salad or Pimento		( Oats)	
	Cheese Spread		i	
	LIMIT 1 (ONE) PRINT PER CUSTOMER  Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of		]	_
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		iff cards, postage stamps or services. No cash value.  Website Coupon - www.FoodLion.com	i	
	STORE COUPON	Expires August 11, 2009	I	
FOOD LION	\$1.0	00 off any flavor	 	
	Hi-C 10 pack  LIMIT 1 (ONE) PRINT PER CUSTOMER  Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value		I	
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	exceeds retail value tobacco, alcohol, gi	e of item. Not applicable towards the purchase of teaching the cards, postage stamps or services. No cash value.		
0000	00  19544    7	Website Coupon - www.FoodLion.com	I	
	STORE COUPON	Expires August 11, 2009	1	
FOOD LION	\$1.00 of	f Food Lion Oatmeal	I	
	(Instant or Old Fashion Oats)  LIMIT 1 (ONE) PRINT PER CUSTOMER  Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value.  Website Coupon - www.FoodLion.com			_
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