Your Shoppers' Companion

Week of 12/23/2009

FOOD LION

STORE COUPON	Expires January 5, 2010

$1.00 off One (1) Food Lion Cooking Sprays

LIMIT 1 (ONE) PRINT PER CUSTOMER

Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value.

0 00000 19933 9

Website Coupon - www.FoodLion.com

STORE COUPON	Expires January 5, 2010

$1.00 off One(1) 12 Pack Canada Dry or 7UP

LIMIT 1 (ONE) PRINT PER CUSTOMER

Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value.

0 00000 19936 0

Website Coupon - www.FoodLion.com

STORE COUPON	Expires January 5, 2010

$1.00 off One (1) box of Swiss Miss Cocoa Mix

LIMIT 1 (ONE) PRINT PER CUSTOMER

Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value.

0 00000 19938 4

Website Coupon - www.FoodLion.com

STORE COUPON	Expires January 5, 2010

$1.00 off Quaker Instant Oatmeal

LIMIT 1 (ONE) PRINT PER CUSTOMER

Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value.

0 00000 19939 1

Website Coupon - www.FoodLion.com

Shopping List

Item	Coupon
One (1) Food Lion Cooking Sprays	✓
One (1) 12 Pack Canada Dry or 7UP	✓
One (1) box of Swiss Miss Cocoa Mix	✓
Quaker Instant Oatmeal	✓